East Penn Chiropractic & Healing Arts Center
9620 Hamilton Blvd. Suite A
Breinigsville, PA 18031

Confidential Patient Health History

Patient Name_____ D.O.B._____ Social Security#_____

☐Male ☐Female ☐ Right-Hand ☐Left-Hand Dominant ☐ Ambidextrious

Address_____ City_____ State_____ Zip_____

Home phone#_____ Cell phone#_____ email_____

Occupation_____Marital Status_____

Insurance Co._____ID#_____ Group#_____

Insured's Name_____Relationship to patient_____

Insured Employer's Name _____ Work/School phone#_____

Insured's Social Security#_____ Insured's D.O.B._____

How did you hear about our office?_____

Current Health Condition

Primary complaint_____

How did this condition develop (what caused it?)_____

☐Overexertion ☐Strenuous Position ☐Auto Accident ☐Work Accident ☐Slip & Fall ☐Other_____

When was the first time (date) you were aware of your symptoms?_____

How would you describe the pain/symptoms? ☐Dull ☐Sharp ☐Stabbing ☐Throbbing ☐Other

Is the pain radiating or localized and if so, where?_____

What aggravates the problem? ☐Coughing ☐Sneezing ☐Lifting ☐Bending ☐Driving ☐Walking ☐Prolonged Sitting ☐Standing ☐Sleeping ☐Other_____

What relieves the problem? ☐Rest ☐Exercise ☐Sitting ☐Standing ☐Lying Down ☐Other_____

Is this condition ☐Constant ☐Frequent ☐ Intermittent ☐Occasional

Have you ever had the same or similar problem? ☐Yes ☐No If Yes,
Explain_____

Have you ever had medical treatment for this condition? ☐Yes ☐No If Yes,
Explain_____

By whom/when?_____

(over)

East Penn Chiropractic & Healing Arts Center

Dr. Robin Musselman

Past Health History

General Health: ☐Excellent ☐Good ☐Fair ☐Poor
(explain)_____

Surgery(s)_____

Broken Bones_____

Alcohol_____Tobacco_____Allergies_____

Current Drugs/Medications_____

Hospitalizations & Dates_____

Exercise: Amount_____Type_____ Difficulties_____

Diet: ☐Excellent ☐Good ☐Fair ☐Poor (explain)_____

FamilyHistory_____
_____

Family Physician's Name & Practice
Name_____

Physician's Office Phone_____

Physician's Address_____

Females only: Pregnant ☐Yes ☐No If yes, How Long?_____ Breast Feeding? ☐Yes ☐No

Additional History and Doctor Notes_____

Patient Signature_____ Date_____

East Penn Chiropractic & Healing Arts Center

Patient Questionnaire

Patient Name_____ Date of Birth_____

PLEASE READ CAREFULLY

Please check the appropriate response. If you are not sure, check the "?".

NO	YES	?	
( )	( )	( )	Do you have a past history of cancer?
( )	( )	( )	Have you had any unexplained weight loss?
( )	( )	( )	Does your pain fail to improve with rest?
( )	( )	( )	Are you over 50 years old?
( )	( )	( )	Failure to respond to a course of conservative care (4-6 wks)
( )	( )	( )	Have you had spinal pain greater than 4 weeks?
( )	( )	( )	Prolonged use of corticosteroids (such as organ transplant RX)
( )	( )	( )	Intravenous drug use?
( )	( )	( )	Current or recent urinary tract, respiratory tract, or any other type of infection?
( )	( )	( )	Immunosuppression medications and/or condition?
( )	( )	( )	History of significant trauma?
( )	( )	( )	History of minor trauma?
( )	( )	( )	Do you have osteopenia or osteoporosis?
( )	( )	( )	Have you had any fractures (broken bones)?
( )	( )	( )	Sudden onset of urinary retention or overflow incontinence?
( )	( )	( )	Loss of anal sphincter tone or fecal incontinence?
( )	( )	( )	Saddle paresthesia (numbness in the groin area)?
( )	( )	( )	Global or progressive muscle weakness in legs (legs give out)?

Comments or additional information for the Doctor:

Signature_____ Date_____

DIFFICULTY IN PERFORMING ACTIVITIES OF DAILY LIVING

PATIENT NAME: _____

Check each of the activities which you have difficulty performing and/or can perform only with pain. (There is no particular priority in the order presented.)

HOUSEWORK

____ Doing Laundry
____ Making Beds
____ Vacuuming
____ Washing Dishes
____ Ironing
____ Carrying Groceries
____ Caring for Pets
____ Cooking
____ Other _____

YARDWORK

____ Mowing Lawn
____ Shoveling Snow
____ Raking Leaves
____ Gardening

PERSONAL GROOMING

____ Combing Hair
____ Shaving
____ In/Out Bathtub
____ Brushing Teeth
____ Other_____

TRAVEL

____ Driving
____ Riding (Passenger)

Minutes of Travel per Day

Type of Vehicle

Auto _____
Train _____
Bus _____
Truck _____
Airplane _____

GENERAL

____ Walking
____ Standing
____ Running
____ Sitting
____ Lifting Children
____ Bending
____ Climbing Stairs
____ Reading
____ Lying in Bed
____ Swimming
____ Sports:_____

____ Getting in and out of Auto
____ Playing Piano
____ Using Typewriter/Computer
____ Kneeling
____ Sexual Intercourse
____ Exercising
____ Sleeping
____ Using Telephone
____ Sitting in Recliner
____ Chewing

OTHER: Please list any other difficulties you are experiencing with activities you have engaged in since your condition arose:

_____

Patient Signature _____ Date _____

East Penn Chiropractic & Healing Arts Center

INSURANCE AUTHORIZATION FORM

NON-MEDICARE PATIENTS PLEASE FILL OUT THE FOLLOWING INFORMATION:

PATIENT NAME_____

☐ WORKER'S COMPENSATION ☐ AUTO ☐ COMMERCIAL (PERSONAL)

Name of Insurance Company_____

Authorization to Release Medical Information- "I authorize East Penn Chiropractic to release any information required to complete my worker's compensation, auto and/or insurance claim to my employer/insurance company pertaining to my chiropractic treatment and spinal rehabilitation."

Signature_____ Date_____

Assignment of Insurance Benefits "I hereby assign to East Penn Chiropractic & Healing Arts Center and authorize and direct that payment be made directly to East Penn Chiropractic, of all benefits otherwise payable to me directly under the terms of my insurance policies (including major medical) by reason of the services described in the statements rendered by EPC; provided that EPC shall refund to the person or persons entitled to receive the same, any payments in excess of its full charges. I understand that I am financially responsible for all charges not recovered by this assignment"

Signature_____ Date_____

FOR MEDICARE PATIENTS ONLY:

PATIENT NAME_____

Statement to Permit Payment of Medicare Benefits to Provider, Physician's and Patient
I request payment of authorized Medicare Benefits to me or in my behalf for any services furnished to me by East Penn Chiropractic. I authorize any holder of medical and other information about me to release to the Health Care Financing Administration (Medicare) and its agents, any information needed to determine benefits or benefits for related services. I understand that I am responsible for any health insurance deductibles, co-insurance or other non-covered services.

Date_____ Signature-Beneficiary_____

Date_____ Other Signature/Relationship_____

East Penn Chiropractic and Healing Arts Center
Robin Kaplan, DC, DACRB, CES
9620 Hamilton Blvd. Suite A
Breinigsville, PA 18031
610-395-2400

Dear Patient,

This office will attempt to contact your insurance for verification of benefit coverage. However, with confidentiality being enforced, not all insurances will give us complete information. Therefore, we are *strongly recommending* that you take some time and call your personal insurance. Listed below are questions for you to ask. There is also room to write comments. Please make us aware of any differences. We also recommend that you maintain a copy of this form in your files just in case your insurance processes your claim differently from what they informed you. Please realize that this is **your** insurance and ultimately you are responsible for any unpaid charges.

Do I have chiropractic coverage?

Does my plan cover extremity adjustments?

How many visits may I have with my plan?

Do I pay a co-pay, deductible or co-insurance?

May the chiropractor do physical therapy modalities/physical medicine, such as: ultrasound, traction, electrical stimulation, manual therapy, customized exercise program, gait training, kinetic exercise?

Are there any limitations on physical therapy modalities/physical medicine if it is allowed to be performed by a chiropractor?

Do I have separate co-pay for physical therapy or for evaluations?

Do I need a referral or pre-authorization?

Do I need a treatment plan, and if so, after what visit(s)?

Who did I speak to?

Date of call _____ Time of call _____

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Dr. Robin Musselman

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Cancellation and No Show Policy

We understand that situations arise in which you must cancel your appointment. Please understand that when you forget or cancel your appointment without giving enough notice, we miss the opportunity to fill that appointment, and patients on our waiting list miss the opportunity to receive services. As a courtesy, we call to remind you of your appointment. However, if we are unable to reach you, and can only leave a message, please understand that it is your responsibility to remember your appointment dates and times.

Each patient will be allowed 1 short notice (less than 24 hours) or a no show appointment per calendar year. Consequently, a 2nd occurrence will result in a fee of $25.00 for the time reserved. If this amount is not paid in full, you will not be permitted to schedule future appointments.

We thank you for your cooperation.

I have read and understand the appointment cancellation policy of East Penn Chiropractic and agree to be bound by its terms.

_____ _____

Please print name Signature and date

Notice of Privacy and Financial Policies

I have received a copy of East Penn Chiropractic & Healing Arts Center notice of Financial and Privacy Policies and Procedures.

Signature: _____

Print Name: _____

Date: _____

Informed Consent

The following examination is comprised of a series of tests designed to measure your strength and/or functional abilities that relate to performing daily activities. Some of the components of the exam will look specifically at your body's ability to provide muscle resistance and your ability to move your extremities and spine. This information will assist in defining and determining the degree of impact your injury is having on your ability to perform daily tasks.

Your participation in this exam requests of you to exert maximal motion, force and effort in response to the activities offered to you to the best of your ability without changing your current level of being. Because you are going to be asked to engage in physical activity, you must be aware that there is the potential for injury or aggravation to your current status. Make sure that you understand all that is asked of you, that you understand fully the instructions and to stop or not engage in any offered activity that you are not comfortable with. If at any point in time you have increase in pain, stop the activity that you are engaging in and report the increased pain. Do not perform any activity that you feel you are unable to perform. At no point in time will you be encouraged to participate in this exam beyond the levels that you feel comfortable with. If you do engage in a given activity, you can terminate your participation at any point in time. Remember, the goal of this exam is to determine your best ability without changing your current level of being. There is no goal that focuses on what you can do despite a worsening of your condition.

You may be placed in positions to isolate and test specific areas of your body. You may be asked to perform isometric tests, simulated lift tasks, cardiovascular tests, work activities, work postures, individual muscle tests, hand strength tests, and/or range of motion tests. You will be asked to give your best effort without causing yourself any pain. You may be asked to repeat these procedures 2 to 4 times to determine your best effort. You will be allowed to rest at least thirty (30) seconds between each repetition.

You will be exposed to certain risks when performing the aforementioned tests, including temporary pain, a worsening of any existing injury, or a new injury. It is not possible to determine in advance whether or to what extent you will experience any of these complications as a result of doing these tests.

It is your responsibility to inform your evaluator if you have any physical limitations or restrictions prior to beginning the tests. You should gradually exert force or movement until you have reached maximum effort without experiencing any pain. You should not jerk or use any form of ballistic movement. If you feel any pain, you must stop the test, and immediately report to the evaluator what has happened.

I understand the above procedures, risks, and instructions and agree to participate in the examination to the best of my ability.

Patient Signature_____ Date

Clinician/Examiner_____ Date

East Penn CHIROPRACTIC & Healing Arts Center

Meaningful Use Questionnaire

Meaningful Use is a federally mandated government program. The initiative is aimed at making it easier for physicians to share information and improve the overall healthcare experience for patients. As part of this initiative, East Penn Chiropractic is required to gather information for compliance with the Meaningful Use guidelines. All information supplied becomes part of your Electronic Health Record (HRA) with EPC. Certain questions can be declined and choices are limited to those that are standardized by national healthcare agencies. If you have additional questions please visit the Office of the National Coordinator for Health Information Technology at www.healthit.hhs.gov and search Meaningful Use.

Patient Name: _____ **Date of Birth:** _____

Preferred Language: _____ **E-Mail Address:** _____

Smoking Status: ☐ Current every day smoker ☐ Current social smoker ☐ Former smoker ☐ Never a smoker

If you are a current every day or social smoker when did you start? _____

Race: ☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American ☐ White
☐ Native Hawaiian or other Pacific Island ☐ Patient Declined

Ethnicity: ☐ Hispanic or Latino ☐ Not Hispanic or Latino ☐ Patient Declined

Please list all medications you are taking with dosages (please *print* clearly):

Medication	**Dosage**	Don't know	**List any *medication* allergies and *reactions***
_____		☐	_____
_____		☐	_____
_____		☐	_____
_____		☐	_____

Do you have a history of the following: **Please check if anyone in your family has a history:**

		Mother	Father	Sibling	Half Sibling	Son	Daughter
Heart Condition/Stroke:	☐ yes ☐ no	☐	☐	☐	☐	☐	☐
Diabetes:	☐ yes ☐ no	☐	☐	☐	☐	☐	☐
High Blood Pressure:	☐ yes ☐ no	☐	☐	☐	☐	☐	☐
Rheumatoid Arthritis:	☐ yes ☐ no	☐	☐	☐	☐	☐	☐
Cancer/Tumor:	☐ yes ☐ no	☐	☐	☐	☐	☐	☐

If yes, what type: _____

Staff use only:

Height: _____ **Weight:** _____ Blood **Pressure:** _____

Dx Codes: 1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____ 7 _____ 8 _____

Staff's initials _____ Date entered _____

EAST PENN CHIROPRACTIC AND HEALING ARTS
Dr. Robin Kaplan
9620 Hamilton Blvd. Suite A, Breinigsville, PA 18031
Phone: 610-395-2400 Fax: 610-395-4200

Name_____ Phone_____

From time to time it may be necessary to contact you in regards to test results, appointment reminders, information, etc. In order to eliminate delays in providing you with this information, please choose the manner you wish to use in the event we are unable to contact you personally.

YES ( ) NO ( ) 1. May messages be left on your home answering machine?
Provide home number_____

YES ( ) NO ( ) 2. May we call you or leave a message at your work number?
Provide work number_____

YES ( ) NO ( ) 3. May we call you or leave a message on your cell phone?
Provide cell number_____

YES ( ) NO ( ) 4. May we text you a reminder to your cell phone?
Provide cell number_____

YES ( ) NO ( ) 5. May we e-mail you a reminder?
Provide e-mail address_____

YES ( ) NO ( ) 6. May we leave information with family members?
Provide names and relationship to you:

_____

_____

Person to call in case of emergency_____

Relationship to you_____

Phone number_____

Signature_____ Date_____

QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name: _____ Date: _____

Instructions: Please circle the number that best describes the question being asked.

Note: If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and pain at its best and worst.

Example:

Headache Neck Low Back

No pain — **worst possible pain**

0 1 (2) 3 4 (5) 6 7 (8) 9 10

---

1 – What is your pain RIGHT NOW?

No pain — **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

2 – What is your TYPICAL or AVERAGE pain?

No pain — **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

3 – What is your pain level AT ITS BEST (How close to "0" does your pain get at its best)?

No pain — **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

4 – What is your pain level AT ITS WORST (How close to "10" does your pain get at its worst)?

No pain — **worst possible pain**

0 1 2 3 4 5 6 7 8 9 10

OTHER COMMENTS:

_____

_____

_____

_____ _____

Patient's Signature Examiner's Signature